Spotlight on Learning

Recess Learning
On November 3 - 2 staff members and I attended a workshop from 4:30-7:30 in Providence

Partnership between Playworks, Blue Cross Blue Shield and RI Healthy Schools Coalition

Attendance at workshop was required to qualify for funding - Blue Cross Blue Shield funded our training - $7500 value

Training consisted of 2 - 6 hour trainings which occurred in March and 1 day TBD in May where a trainer will come for a site visit to observe our space and provide feedback on our recess plan
What it means to adults

Some of the feedback from the adults:

- Excellent training
- Playworks offered solutions
- Lots of ideas presented in a positive way
- Practice what they preach
- Offered a structure
What it means to students

Some of the feedback from students

Love Switch

Like new games

Having fun with new games

Less arguing with rocking it out
What it looks like- Organized Play areas
Teaching Recess Expectations in the classroom
What is our plan

Each Monday staff rolls out a new game

We will have core games and rotation of large group games

Organized play areas
What is our goal

All students will have more opportunity to engage in play

Decrease in referrals from playground

Adults and students will feel successful at recess
Research

Impact and Implementation Study

Physical Activity and Positive Youth Development

Impact of Playworks on Boys and Girls Physical Activity during recess

Does a better recess equal a better school day

Increasing Physical Activity through Recess

Playworks